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VOL 50 — No. 2

NEVER STOP SERVING

MAR & APR Issue 2026

THE TRIBUTE

In honor of those who have sacrificed to keep our country free.



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January Luncheon

Our January luncheon program featured Mr. Michael Harper, Associate Director of Operations, Hampton Veteran Affairs Health Care System. See page 5 for more pictures from both January and February's luncheons.



 Hampton Roads Chapter, Military Officers Association of America

[SEE JAN & FEB LUNCHEONS 5](#)



Visit our website at www.hrcmoaa.org, to read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."



President's Message

We've started off the 2026 year with three interesting and informative programs providing information on the Hampton VA, the Norfolk Airport expansion and updates and the local area Armed Forces YMCA. We're working on future events to provide additional information of interest and value to the chapter membership. Mark your calendar now for the Tri-Chapter brunch to be held on July 19th at Atlantic Shores. Details will be out soon and will also be posted on the chapter website (www.hrcmoaa.org). I encourage you to check the website often as we are posting valuable information there on a number of different topics of interest to veterans and their families.

We have received feedback on the decision to stop mailing post cards out to announce events and are revisiting that decision but in the meantime, please watch for the email invitations and check the website regularly to stay up to date on planned events. One of the factors in that decision to stop printing and mailing post card invitations and the newsletter was the lack of manpower required to pick up and deliver them from the printer to the mailing service each month. We would welcome assistance with that should the decision be made to go back to printing and mailing.

We still need a permanent Secretary and Treasurer on the Executive Board and we are always looking for new board directors and committee chairs/members. In addition, our representative to the Hampton Roads Council of Veteran Organizations (HRCVO) has had to step down so we are looking for a new representative to attend their monthly meetings and report back to the board. The HRCVO meets monthly at 7 pm on the fourth Monday of the month at VFW Post 392 on Bowland Parkway. Please contact Bert Ortiz or me if interested in helping in these positions or any other capacity.

Sincerely,

Loren Heckelman
 CAPT, USN (Ret.)
Never Stop Serving

HRCMOAA DIRECTORY

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Social Media Clicks



Military Officers Association of America (MOAA) • 2h •

Master Sgt. Roderick W. Edmonds, Staff Sgt. Michael H. Ollis, and Command Sgt. Maj. Terry P. Richardson went above and beyond the call of duty. MOAA celebrates their he... See more

Military Officers Association of America (MOAA) • 5h •

Charitable giving is a win-win! Join us online to learn the ins and outs of how to strategize between your financial planning and your donations. Even if you can't join... See more

Military Officers Association of America (MOAA) • February 26 at 11:59 AM •

MOAA is grateful to the VA for fully rescinding this rule and for listening to the thousands of veterans, advocates, and other stakeholders who raised significant conce... See more

MILITARYTIMES.COM
VA to formally rescind controversial disability ratings rule

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"A Loving, Caring Community"

Jan Hogle's friends and neighbors at Patriots Colony have been a blessing to her. "The people here are amazing. With us all coming from a service-oriented life, there's a bond among us."

Schedule A Personal Tour Today!
800-716-9000 patriotscolony.com

PATRIOTS COLONY
At Williamsburg

Patriots Colony is a Riverside Health System active retirement community whose Independent Living is exclusive to former military officers, federal civil employees and their spouses or widow(ers).



Thank you to our New & Renewing Chapter Members.

We appreciate our new members who have joined our chapter and our current members who have renewed their chapter membership, all listed below. If we missed anyone, please let our newsletter editor, Hans Juhl Hidle know at hansjuhlhidle@gmail.com and we'll be sure to include you in our next "Thank you" list.

New Members

Mrs. Beverly Holderness

Renewals

COL Martha Brophy, USAF (Ret)
LCDR Arslan Chaudhry, USN (Ret)
Mrs. Catherine Colgan
CDR Ricardo Gonzalez, USN (Ret)
COL Ryan Goulette, USMC (Ret)
COL Jack Hilgers, USMC (Ret)
Mrs. Sharon Joyner
Captain Len Remias, USN (Ret)
Captain Donald S. Ross, USN (Ret)
COL Charles Shaver, USA (Ret)

Every Member A Recruiter

If you know someone eligible for chapter membership as a regular member or surviving spouse, please bring them to a luncheon and encourage them to join our chapter.



UPCOMING Events

March Luncheon

March 20th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: Laura Baxter Executive Director and Laura Erie, Development Director from Armed Services YMCA of Hampton Roads. Reservations required NLT 1200 hours Tuesday, March 17th 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

April Luncheon

April 17th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: TBA. Reservations required NLT 1200 hours Tuesday, April 14th, 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

May Luncheon

May 15th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: TBA. Reservations required NLT 1200 hours Tuesday, May 12th 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

Activities in our Community January & February's Luncheons



On the left from January's Luncheon, Mr. Michael Harper talked about the Hampton VA Healthcare system. Above and right, Mr. Mark Perryman President and Chief Executive Officer for the Norfolk Airport Authority at the Norfolk International Airport provided a briefing on the airport's expansion.



[SEE ACTIVITIES PAGE 6](#)



Activities in our Community, cont.

FROM ACTIVITIES ON PAGE 5



At the February HRCMOAA Board Meeting, Chapter President Loren Heckelman presented Jim Daniels with a Hampton Roads Council of Veteran Organizations coin in recognition of his and his wife Amy's significant volunteer contributions to the chapter.

Jim represented the chapter at the recent Flame of Hope rededication ceremony and he and Amy have spearheaded the collection of donated items for the Jones & Cabacoy Veterans Care Center.



At the January 23 chapter luncheon Carol Tippin and Barb Smith presented Flowers to Betty Hill in recognition of her 99th birthday.



And, rounding out the pictures for this Newsletter are three photographs from last years Christmas Tea in early December. If you have any pictures, send them to the Newsletter editor. With the new electronic format adding extra pages does not cost extra in printing cost.



Seeking a Dedicated Treasurer—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of treasurer. This position ensures the financial health of our organization, helps with budgeting and reporting, and plays a key role in maintaining transparency.

If you have strong organizational skills, financial literacy, and a commitment to keeping our chapter thriving, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a dedicated team working toward shared goals.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong!

We're Looking for a Secretary—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of secretary. This position takes and shares meeting minutes, helps with event planning and support and keeps our records organized.

If you are organized, reliable and ready to make a difference for the chapter and our membership, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a mission-driven team supporting service members, veterans & families.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong and helping us serve those who've served!

SURVIVORS



The Value of Connection

By Pat Green, MOAA Surviving Spouses Corner

How do you stay in touch with others? Maybe you prefer social media, like Facebook or LinkedIn. Perhaps email is your preference. Many connect through text messages. For some, like me, a phone call is top choice.

The need for a personal connection still exists. Nothing can brighten your day like a call from an old friend. Sharing a memory or exchanging a laugh with someone lifts the spirits. Personal communication builds strong families and good friends and creates successful institutions and cohesive organizations.

Within MOAA chapters, personal interaction among members provides opportunities to build friendships, exchange ideas, and share experiences.

I recently returned from my annual MOAA council leadership training/convention. You feel the connection of shared experiences and our shared purpose at such events, but you feel more: It's the hugs exchanged, the appreciation of each member and their contributions, and the connection to the MOAA leaders and staff who attend. It was an experience that energizes and renews your commitment.

Your council and chapter create a cohesive network for the work of MOAA. They also provide a setting for friendships to flourish.

This shared affinity should be practiced in your chapter. The chaplain and the surviving spouse liaison serve as personal outreach to each member. Their role is very important.

A chapter member who lives alone and has no local family needs a chapter friend or neighbor to exchange a greeting with each day. It could be as simple as texting "Good morning" and the recipient sending a thumbs-up response. The greeter and recipient should share contact information for their next of kin in the event that the greeting is not returned.

I know of one chapter that has created such a program, called Buddy Check. This might be a good idea to discuss at your next meeting.

A chapter should also have a list of emergency contacts for its members in case a member becomes ill at a meeting. I personally have experienced two situations where that information would have been helpful.

Make caring for and connecting with each other part of your mission to never stop serving.



Military ID Card Notification Program

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.

PLEASE PRINT LEGIBLY---PLEASE USE A SEPARATE FORM FOR EACH INDIVIDUAL
(Cut along dotted line)

.....

Name: _____ ID CARD EXPIRE _____
(Last, First, MI) (Day, Month, Year)

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE: _____ E-MAIL _____
(Include area code)

ALTERNATE CONTACT: _____
RELATIONSHIP _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE (include area code): _____
E-MAIL _____

Please notify me of my ID card expiration by:
Tel: _____ E-Mail _____ Mail _____

Signature and Date



Five-Year Scholarship Fund Campaign Update

We just completed our third year of the five-year campaign that will cover 2023 – 2027. Thank you to all who contributed and helped us exceed the annual goal. We are ahead of plan to meet the five-year goal of \$25,000.

HRCMOAA Scholarship Drive Status as of March 1, 2026	<u>GOAL</u>	<u>Amount Contributed</u>	<u>% of Goal</u>	<u>Need by Date</u>	<u>\$ Still Needed</u>
	Total 5-Year Goal: \$25,000	\$16,120.10	64.5%	12/31/2027	\$8,879.90
	Annual Goal for 2026 (Year 4 of 5): \$5,000	\$330.00	6.6%	12/31/2026	\$4,670.00

Year Three of our Five-Year Campaign from January 1, 2023 through December 31, 2027

2025 Contributions

PLATINUM— \$500 and above

GOLD— \$250 to \$499

Mr. Carl Carell

SILVER— \$100 to \$249

BRONZE— Under \$100

Mrs. Victoria Agbenu

The MOAA Scholarship Fund Board gives preference in awarding scholarships and grants to children with HRCMOAA member parents. While not guaranteed to go to the child of a chapter member, those children applying for MOAA scholarships with a parent who is a chapter member will receive favorable consideration and the review board will give preference in awarding scholarships to those children. Regardless of whether the student's parent is a chapter member or not, students selected for the MOAA scholarships in the chapter's name will always be from the area represented by our Hampton Roads Chapter.

How You Can Contribute to the Hampton Roads Chapter Scholarship Fund

The Hampton Roads Chapter has been very successful and fortunate in its previous two five-year scholarship fund campaigns thanks to the generosity of the chapter members and their commitment to helping young men and women attend college through scholarships and grants from MOAA. As a result of the success in the pre-

[SEE 2026 SCHOLARSHIP ON PAGE 9](#)



FROM SCHOLARSHIP 2026 ON PAGE 8

through 2027 with an annual goal in each year of \$5,000.00 and an overall five-year goal of \$25,000.00.

There are several ways you can donate to the HRCMOAA scholarship fund. All donations are tax deductible as the MOAA Scholarship Fund is a qualified IRS 501(c)(3) entity.

The first way is for members to submit their donations online by using the following website URL:
<https://charities.moaa.org/>

The second way is to submit a check, made out to the MOAA Scholarship Fund and mail it to:

MOAA Scholarship Fund
 P.O. Box 1824
 Merrifield, VA 22116-9917

Important: Note on your check that it is for the Hampton Roads Chapter Scholarship Fund. MOAA will continue to send receipts to all contributors.

A third way is to make a Qualified Charitable Distribution. The fund tax identification number is 54-1659039. By contributing from the Required Minimum Distribution (RMD) of a qualified IRA, the taxable IRA income can be reduced by the amount of the contribution. The contribution check must be marked as a charitable contribution. With the recent changes in the tax laws, some of our members have found this method to be beneficial. You can make qualified charitable distributions (QCDs) of varying amounts to more than one charitable organization each year. IRA owners age 70 ½ or older can give up to \$100,000 a year directly from their IRA to qualified charities. But you can split that amount among multiple charities. Say you want to give a total of \$50,000 through the QCD move. You could give five charities \$10,000 each, for instance, or two charities \$25,000 each. Just tell your custodian which charities you want to support and how much to transfer directly from your IRA.

Not only will the charity benefit from the QCDs, but you will too. The QCD amount is excluded from your taxable income and can also count toward your annual required minimum distribution. It's a win-win-win. For additional details, it would be best to contact your IRA fund manager, personal financial planner or tax accountant for specifics.

You also may contribute directly from bequests, wills, or trusts. You can find suggested language here:
<https://www.moaa.org/content/about-moaa/scholarship-fund/scholarship-fund-planned-giving/>

Old Dominion Honor Flight Mission #10

Old Dominion Honor Flight is a non-profit organization created solely to honor America's veterans for all their sacrifices. Their mission is to transport America's Veterans to Washington D.C. to visit those memorials built to honor their sacrifice and service.

The program is operated by volunteer-driven, non-profit organizations across the Southeastern Region of Virginia that cover all travel costs. Eligibility is open to veterans who served during the eras of the Korean War, the Vietnam War, and the War on Terror or any veteran with a terminal illness. Priority is given to the oldest and those who are terminally ill.

The Honor Flight Network serves over 22,000 veterans each year and is comprised of 125 independent Hubs working together in furtherance of the Honor Flight mission. The common goal is to show our nation's veterans the appreciation and honor they deserve. Participation in an Honor Flight trip gives veterans the opportunity to share this momentous occasion with other comrades, to remember friends.

Hampton Roads Chapter Military Officers Association of America (HRCMOAA) has been supporting Honor Flight for over fourteen years. HRCMOAA has coordinated participation with local high school JNROTC students and University Army/Navy ROTC Units rendering honors during an early morning (5am) departure ceremony. The next Honor Flight mission is scheduled for Saturday 18 April 2026. Departure point will be at The Mariners' Museum in Newport News, Virginia. Participants, Veterans and guardians assemble at approximately 5am. Those desiring to participate as a veteran or guardian can fill out an application found on the following website <https://olddominionhonorflight.org>. Please select Apply Now for further information.





**OLD DOMINION HONOR FLIGHT
PRESENTS**



APRIL 18, 2026

**VETERANS OF WORLD WAR II,
KOREA, AND VIETNAM**

Old Dominion Honor Flight is a non-profit organization created solely to honor America's veterans for all their sacrifices. Old Dominion Honor Flight of Virginia serves the Richmond area and Southeastern Virginia to include the Outer Banks and Northeast North Carolina.

We transport our heroes to Washington, D.C. to visit and reflect at their memorials.

FOR MORE INFORMATION AND TO APPLY VISIT:

[HTTPS://OLDDOMINIONHONORFLIGHT.ORG/APPLY-NOW/](https://olddominionhonorflight.org/apply-now/)

E-Mail: info@olddominionhonorflight.org





Guardians NEEDED!

Old Dominion Honor Flight
Mission 10: April 18, 2026

Interested in volunteering?

Guardians are individuals who accompany a Veteran on their trip to Washington, D.C. for the day. Guardians can be family members or friends, except spouses.

If you are traveling with a veteran who meets the eligibility dates, use this application and be sure to reference the veteran you will be escorting.

Guardians are requested to donate \$150.00 to help in covering a portion of their participation in this celebratory trip

<https://olddominionhonorflight.org/apply-now/>



“The legacy you leave is the life you lead.” -- Unknown

By Gail Joyce, MOAA.
MOAA Webpage

As spouses and survivors of those who have served and defended our freedoms and our country, we play a vital role. We have very interesting and unique stories to tell.

Sharing your legacy – telling your story – will contribute to a more realistic narrative about life in the military and what it means to be a military spouse. It will better describe the roles we as military spouses and survivors have played. We have demonstrated leadership, strength, flexibility, dependability, and determination.

Over the years, whether our spouse was on active duty or retired, we have worked alongside, in front, and behind. We are often recognized as the unsung heroes of the military establishment.

How do you begin to write about your legacy? First, decide how you want to tell your story: It can be an essay, a video, a recording, a letter, a blog, or a combination of different methods.

Next, decide on your audience: Family? Friends? Colleagues? Community? Of course, you can always produce several versions, depending on your audience and method.

Our stories – our legacy – can demonstrate the unique experiences and challenges we faced when married to a servicemember. These stories provide a personal perspective on military life as we know it. They showcase the many challenges of frequent moves, deployments, and how it all can affect our families, especially our children.

When writing your story, share the experiences that will educate your readers and create understanding about the different challenges you encountered. Share lessons learned along with any failures ... and successes! Also share stories about special relationships, the numerous moves and major choices you made.

Your stories will be celebrated, cherished, and appreciated by your family, friends, and colleagues.

Many stories will turn out to be shared experiences. I travel a lot and talk to MOAA chapters and other military-associated groups where I always tell my story. As I talk about the frequent moves, my constant job changes, making furniture fit, the quarters assigned, and the undesirable locations, I always see a lot of heads nodding “Yes, I know!” right along with me.

And then I hear from other military spouses and survivors – different stories, unique experiences, and outcomes with lessons to be learned.

During the military life we have shared with our spouses, we have demonstrated dedication, unwavering support, resilience, sacrifice, solidarity, and courage through many deployments and relocations. Make your story real: Write about what happened and when, and how your feelings are associated with specific events and mile-

From the Editor

Hans Peter Juhl Hidle, LT USN (Ret.)



The first two months of 2026 is already gone and the next newsletter is due this week. I have no idea where the months went, but I do know it’s noisier than it was last year. We have the company of three grand-daughters 13, 11 and 9 every other week for the foreseeable future, and, yes, we love them dearly but they are a challenge. Tripple trouble is pictured on the left. Whether I like it or not, I am getting back into better shape (less round) than I was as Grandpa gets to workout with them every day they are here.

Travel season is just a few months away. We are looking at a European vacation. Have to check in to see if the family reunion in Norway is still on track. We also like to visit Germany in September or October for our 20th anniversary. On our first real trip together was to Garmisch Partenkirchen where we of course stayed at the Edelweiss.

Getting closer and closer to retiring. Whatever that means. Not sure. Yes, it’s been 19 years since I put away my uniform. As many have done, I pretty much walked out the door in Navy Dress Uniform on Friday and walked into another job wearing shirt and tie on Monday.

If any of you can clue me in, let me know. My email is — hansjuhlhidle@gmail.com. I appreciate any and all feedback.

Sincerely, Hans





Chapter Membership or Renewal Application

Army • Marine Corps • Navy • Air Force • Space Force • Coast Guard • Public Health Service
National Oceanic and Atmospheric Administration
Join or Renew on-line:

Hampton Roads Chapter MOAA
P.O. Box 4612
Virginia Beach, VA 23454-0612

Make checks payable to HRCMOAA

Regular Dues

1 Year: \$20.00
2 Years: \$35.00
3 Years: \$45.00

NEW

RENEWAL
Circle years & amount

Surviving Spouse Dues

1 Year: \$10.00
2 Years: \$17.00
3 Years: \$23.00

Regular Member: Active, Reserve, Retired or Former Commissioned or Warrant Officer of the eight Uniformed Services.

Surviving Spouse: Survivor of any deceased individual who would, if living, be eligible for regular membership.

Please print (If renewing, enter only your name and information that has changed)

Date MM/DD/YYYY Recruiter

Name** Last, First Middle or Initial Date of birth MM/DD/YYYY

Grade Service Component (Ex: USAR, USMCR, USAFR, USNR, ANG, ARNG)

Status Active - Reserve - Retired - Former - Surviving Spouse Service Dates MM/YY to MM/YY Retired Date MM/DD/YYYY

Spouse's Name Last, First Middle or Initial

E-mail address Spouse's Date of birth MM/DD/YYYY

Mailing Address Number and Street City State Zip code

Home Phone Work Phone Cell Phone

Member of National MOAA? Yes No If Yes, MOAA Number** MOAA Life Member? Yes No

Not a National MOAA member yet? Check here to receive a BASIC National Membership at no cost to you

Enclosed is \$ in dues payment

** Surviving spouse enter your Name and MOAA Number, where indicated.

Signature

Click on the above form to renew online (or print and mail)

https://bcsthome.net/hrcmoaa/join.shtml



Volunteers
NEEDED

